



# Conserve, Recycle & Reduce Your Impact on Our Environment



## TIPS FOR TRAVELERS

Tourists can have a large impact on the environment. Some simple choices and decisions you make before and during your travels can go a long way toward protecting the environment. Here are some suggestions to enjoy your next trip and help the environment:



### Before You Go

- Set your thermostat and water heater at low settings, so that energy isn't wasted while you are gone.
- Appliances, like TVs and VCRs should be unplugged before you leave. These appliances use energy even when they are "off". They run in the background so they can turn on immediately when you press a button.
- Stop your newspaper. Some distributors allow you to donate the paper to a school while you are gone.
- If you are flying, use electronic tickets, if possible. They generate less waste and cost less to replace.
- Try to stay at a hotel with environmental features. Look for certifications (*like Green Seal's*) or membership in associations (*like the Green Hotel Association*). Also consider locations that allow you to walk or use public transportation.



### While You Are Gone

- Participate in hotel environmental programs. Many hotels have instructions in the room on how to let staff know you don't need your linens or towels changed every day. If you don't see instructions, ask!
- Turn off all lights and appliances in your room while you're not there. Close the drapes.
- Participate in the hotel's recycling program.

### Before You Go (Continued)

- If you like to sleep with a night light, bring one with you. Don't leave the bathroom light on all night.
- Leave unopened shampoo, soap, and other items in the hotel.
- Walk or use public transportation whenever possible.
- Try to eat at restaurants to avoid the waste from carryout and room service.
- Resist the urge to grab all of those brochures. Only take the ones you need.
- If you use a film based camera bring it with you! Using a disposable camera generates more waste. Also, try to use film with more exposures. Whether the film has 12 exposures or 36, it uses the same amount of packaging.
- Rather than buy a small tube of toothpaste, squeeze toothpaste from your home into a clean contact lens case. You can carry pills the same way.



## CONSERVATION MESSAGE

### Water Conservation

- **Sheets** don't have to be washed every day. Washing the sheets every day wastes thousands of gallons of water annually and adds to waste water treatment cost. If you want the sheets washed leave a card on your pillow!
- **Towels** don't have to be washed every day.
  - a. A towel on the rack means: "I'll use it again"
  - b. A towel on the floor means: "Please exchange."



- **At restaurants**, if you are not going to drink water with your meal let the server know before they bring you a glass full of water.



## Solid Waste & Recycling



- **At the inn / hotel** please separate all recyclables into the appropriate container - **Blue for recycling!**
- **Around town**, all businesses have both solid waste and recycling services.
- Please **do not** leave solid waste materials lying around town, since it does pose a threat to animals and the environment.

## WATER QUALITY ISSUES

- **Coffee, drinks, etcetera** – please **do not** dump residual liquids (*i.e. from coffee cups*) on the ground, since the residual matter is a pollutant that can negatively impact the environment and the health of animals.
- **Chewing gum** – please deposit into proper solid waste receptacles and not onto the ground.
- **Cigarette Butts** – please dispose of cigarette butts in a proper waste receptacle to protect wildlife.
- **Pet Waste** – if you brought your pet(s) with you, then be sure to pick up after them. Fecal matter is a significant pollutant in the environment.



- **Trash** – please dispose of all waste products in a proper receptacle.



# Things to do in and near the City of Marina

## POINTS OF INTEREST & HISTORY

Dating back to 1868, about 9,000 acres of land stretching north along the Pacific Ocean, and east along the Salinas



River, was owned by the late David Jacks and James Bardin. In 1885 the Bardin heirs sold 1,372 1/2 acres to John Armstrong for farmland and grazing. About a year later, 1,450 acres were sold, and then named the Sand Hill Ranch. Four hundred acres near the ocean were sold to the San Francisco Sand Company, which subsequently constructed a sand plant in 1906. Thus, a third of the large block of land had been parceled out. Eventually a community developed and then later a city – the City of Marina. Whether you are relocating, starting out or moving a business, or just visiting, adventure, excitement — **or peace and quiet** — are literally at your doorstep.

## POINTS OF INTEREST

- **The Fort Ord National Monument** holds some of the last undeveloped natural wildlands on the Peninsula. Located on the former Fort Ord military base, the Bureau of Land Management protects and manages 35 species of rare plants and animals along with their native coastal habitats. Habitat preservation and conservation are primary missions for the Fort Ord Public Lands but there are also **more than 86 miles of trails for the public to explore on foot, bike or horseback.**
- **Marina Dunes State Beach** - is a long stretch of beach with high sand dunes. It's considered a dog free beach, which is unfortunate for dog owners, but otherwise the beach outstanding, with soft, high, sand hills to climb and watch the powerful rolling waves. It's a great place to watch the sundown, and has little foot traffic so you can enjoy the beach quietly with your friends or significant other.



- **City Recreational Activities** – The City has an endless supply of outdoor activities from hiking, biking, tennis, golf to just taking a leisurely stroll through a beautiful park.



Some parks to visit include: Glorya Jean Tate Park at 3254 Abdy Way, Locke Paddon Park, Marina Skate Park, Marina State Beach and Windy Hill Park. The City also holds a variety of community special events, like Marina's famous "Wind Festival" ([marinafestival.com](http://www.marinafestival.com)). For more information please visit the City's website at: <http://www.ci.marina.ca.us>.

- **Salinas River National Wildlife Refuge** - is located approximately 11 miles north of Monterey at the point where Salinas River empties into Monterey Bay. The refuge encompasses several habitat types including sand dunes, pickle weed salt marsh, river lagoon, riverine, and a saline pond. The area provides habitat for numerous various wildlife.



- **Walk through the Paths on Abram's Drive** - just off Imjin Road, through a bunch of apartments and housing communities. But between those houses there are small, attractive trails that connect one court to the other, and those that don't mind seeing the occasional car will find that the walk is calm and pleasant.



- **Visit Neighboring Cities** - Marina is within just a few minutes of nearly every great city and attraction in Monterey Bay. It's a short drive from Carmel-by-the-Sea, Capitola, Monterey, Salinas, Sand City, Santa Cruz, and numerous other locations that are rich in activities and interesting

sites. Marina is in a prime location to visit any number of locations in Monterey Bay at a price that is cheaper than most.

## EVENTS

- **Marina Certified Farmers' Market** - Every Sunday from 10:00 am to 2:00 pm year-round at 215 Reservation Road, the City hosts a delightful outdoor market/festival where local farmers sell the freshest fruits, vegetables and produce while local musicians and performers entertain.
- February - AT&T Pebble Beach National Pro-Am
- April - Sea Otter Classic, & Big Sur Marathon
- April – Earth Day Marina always a family event
- May - Marina International Festival of the Winds
- July – Ca. Rodeo Salinas, & Red Bull Grand Prix
- August – West End Celebration, Pebble Beach Concours d'Elegance
- September - Cherry's Jubilee Motorsports Festival, Monterey Jazz Festival
- November – Great Wine Escape

## AREA ATTRACTIONS

- Carmel City Beach - Ocean Avenue, Carmel
- Carmel Mission - 3080 Rio Road, Carmel
- Chart House - 444 Cannery Row, Monterey
- Monterey Bay Whale Watching Cruises - 96 Fishermans Wharf, # 1, Monterey
- Pasatiempo Golf Club - 20 Clubhouse, Santa Cruz
- San Juan Bautista State Historic Park, San Juan Bautista
- Santa Cruz Beach Boardwalk - 400 Beach
- Santa Cruz Surfing Museum - 701 West Cliff Dr.
- **Marina Chamber of Commerce** - Looking for more local culture and flavor contact the Chamber of Commerce office at: (855) 420-4448 or at [info@marinachamber.com](mailto:info@marinachamber.com) or visit their website at [www.marinachamber.com](http://www.marinachamber.com).

**Enjoy your visit and return soon!** Just too much to accomplish in one visit!

